



HUMAN KINETICS LIBRARY

HumanKineticsLibrary.com

A digital hub for sport and exercise studies

Human Kinetics Library combines Bloomsbury's digital excellence with Human Kinetics' market-leading content. The platform is currently comprised of the Human Kinetic Library collection and the Human Kinetics Dance Technique collection.

Human Kinetics Library – Navigating the Homepage

1 Enter search terms to find content related to the subject

The header at the top of the homepage features the following sections:

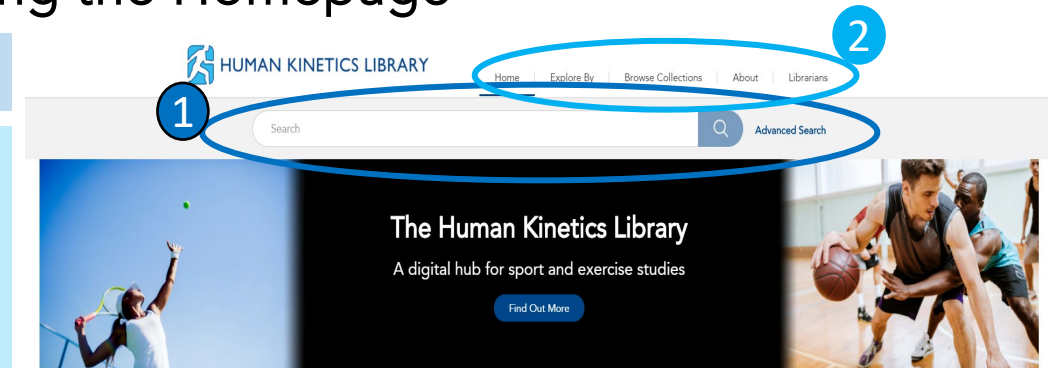
Explore By – Breaks down content by Sport / Activity or Topic to explore

Browse Collections – Gives the option to click into a specific collection

About – Details about the platform and the features and benefits

Librarians – Provides information for librarians, such as how to purchase and links to the Admin Portal

3 These tiles lead to different content in the platform. Click into one of the tiles to explore by collection, sport, or topic



The Human Kinetics Library is built around a mission to increase the knowledge, enhance the performance and improve the health and fitness of all people around the globe through authoritative information about physical activity and sport. The platform features a growing collection of cross-searchable ebooks and videos from the world's leading educational publisher for fitness, exercise, coaching and sport.



1 basketball

REFINE RESULTS:

RESULTS

6 Save this Search

5

4

2

3

1

2

3

4

5

6

Sort By: Relevance 1-10 of 707 (71 pages) Results per page: 10 1 >>

Basketball 124 matches

Xavi Schelling and Lorena Torres-Ronda
Science and Application of High-Intensity Interval Training
Human Kinetics, 2019
Ebook
...Jim Young/AFP/Getty Images Performance Demands of **Basketball** In this section, we introduce the sport of **basketball**, and discuss the various performance factors and the relative contribution that physical performance makes toward...

Basketball 126 matches

Katharine M. Nohr
Managing Risk in Sport and Recreation : The Essential Guide for Loss Prevention
Human Kinetics, 2009
Ebook
...© Human KineticsThe rule was "No autopsy, no foul."Reported appellate court decisions in **basketball** have arisen out of injuries caused by a number of safety and risk management issues. Hazards on and around the court can be padded...

Basketball Score 16 matches

Shaun Powell
Souled Out? : How Blacks Are Winning and Losing in Sports
Human Kinetics, 2008
Ebook
... arguably the most exciting player in the league, a determined player shaped like a Twizzler who managed to flourish in a game made for giants. When he arrived to the NBA, Iverson almost instantly developed a rapport with **basketball** fans,...

The Basketball Business 20 matches

Search and Browse on Human Kinetics Library

1 Enter a search term

2 The search results will list relevant title chapters, videos, audio, and image content

3 Refine the search results and filter by date range, content type, sport / activity, or topic

4 Sort the results by relevance, title ascending, title descending, date ascending, and date descending

5 View 5, 10, or 20 results per page

6 Click here to save this search to your personal account

Navigating the Text on Human Kinetics Library

The screenshot displays the Human Kinetics Library interface. At the top, the logo and navigation menu are visible. A search bar is present, with a magnifying glass icon and the text 'Advanced Search'. Below the search bar, there are icons for 'Save', 'Print', 'Share', and 'Citation'. The main content area shows the book cover for 'MANAGING RISK IN SPORT AND RECREATION' by Katharine M. Nohr. A table of contents is listed, including 'Basketball Lawsuits and Settlements', 'Basketball Safety Considerations', 'Summary', 'Inspection of The Basketball Court', and 'Preparing The Basketball Court Or Gymnasium For Play'. A search box is located below the book cover, and a 'SUBJECTS' section is visible on the left. The 'RELATED CONTENT' section at the bottom lists other books, such as 'Constitutional Law Case Studies in Sport Law: Second Edition' and 'Employment Law'.

1. Use the table of contents to navigate to different sections of the chapter

2. Favorite, download, cite, print, e-mail, and share the text. You can save as PDF by clicking Print and then changing the destination

3. Search for a specific word within the book

4. View the taxonomy terms the chapter has been tagged with. All of these are hyperlinked and will take you to a page with all content on the site that has been tagged with the term

5. The taxonomy tags also inform about the related content, ensuring the most relevant content is displayed here for the chapter you are reading

1 Use the table of contents to navigate to different sections of the chapter

2 Favorite, download, cite, print, e-mail, and share the text. You can save as PDF by clicking Print and then changing the destination

3 Search for a specific word within the book

4 View the taxonomy terms the chapter has been tagged with. All of these are hyperlinked and will take you to a page with all content on the site that has been tagged with the term

5 The taxonomy tags also inform about the related content, ensuring the most relevant content is displayed here for the chapter you are reading

Navigating Videos on Human Kinetics Library

The screenshot displays the Human Kinetics Library website interface. At the top left is the logo and name "HUMAN KINETICS LIBRARY". Navigation links include "Home", "Explore By", "Browse Content", "About", and "For Librarians". A search bar is present with a "Search" button and an "Advanced Search" link. A blue circle labeled "2" highlights a toolbar with icons for "Save", "Print", "Share", and "Citation".

The main content area shows the video "505 Agility Test" by Michael Reiman (author/tester) and Human Kinetics, Human Kinetics, 2009-03-25. The video player is titled "Speed, Agility, and Quickness Testing" and "505 Agility Test". A blue circle labeled "1" highlights the video player's control bar, which includes play/pause, mute, volume, and full screen buttons. Below the video player, there is a "Show Transcript" link.

On the left side, there is a sidebar with metadata: Location (Wichita State University, Wichita, KS), Length (00:00:33), Keywords (Functional assessment, performance testing, functional testing protocols, improved function, video), SUBJECTS (Content Type: Video, Topic: Kinesiology and Exercise Science), and RELATED VIDEOS (ADL Drills: Chair Stands by Joseph Signorile and Human Kinetics, Human Kinetics, 2011-02-18, Video). A blue circle labeled "3" highlights the "RELATED VIDEOS" section.

1 Scroll cursor over the video to bring up the buttons to control the video. Use this bar to play/pause, mute, turn on captions, and make full screen

2 Favorite, download, cite, print, e-mail, and share

3 Related videos are shown here

Navigating Audio on Human Kinetics Library

The screenshot shows the Human Kinetics Library website. At the top left is the logo and name "HUMAN KINETICS LIBRARY". Navigation links include "Home", "Explore By", "Browse Collections", "About", and "Librarians". A search bar is present with a "Search" button and an "Advanced Search" link. Below the search bar are icons for "Save", "Print", "Share", and "Citation", with a blue circle and the number "3" around them. The main content area shows the breadcrumb "Home > Audio Glossary > Choreography 4e > AB: Audio Glossary". The title "AB: Audio Glossary" is followed by the author "by Sandra Cerny Minton (Author) and Human Kinetics Human Kinetics, 2018" and the DOI "DOI: 10.5040/6131973923001". On the left, there are sections for "Content Set" (Choreography: A Basic Approach Using Improvisation) and "SUBJECTS" (Content Type: Audio Glossary, Sport / Activity: Choreography). The audio player is in the center, with a play button circled in blue and labeled "1", and a volume icon circled in blue and labeled "2". Below the player is the text "© Human Kinetics 2018" and "1. AB: Audio Glossary (00:00:06)". At the bottom, a description reads: "A simple choreographic form consisting of two sections that have contrasting themes."

1

Use this button to play or pause the audio clip

2

This button controls the volume of the audio

3

Favorite, download, cite, print (the page), e-mail, and share

Navigating Images on Human Kinetics Library

The screenshot shows the Human Kinetics Library interface. At the top, there is a search bar and navigation links: Home, Explore By, Browse Collections, About, and Librarians. Below the search bar are icons for Save, Print, Share, and Citation. The main content area is titled 'Traditional Jazz Dance Arm Position' by James Robey (Author). A large image of a woman in a red top and black pants demonstrating a dance arm position is the central focus. To the left of this image is a vertical toolbar with icons for zooming in (+), zooming out (-), home, full screen, and other functions. To the right of the main image is a 'RELATED IMAGES' section showing thumbnails for 'Bent Hand Posit...', 'Bow Position', 'Butterfly Posit...', 'Cat Position', and 'Cobra Position'. Below the main image is a 'RECENTLY VIEWED' section with a thumbnail for 'AB: Audio Glossary Audio Glossary'. On the far left, there are two 'RELATED CONTENT' sections, each with a speaker icon and a title. The first is 'African Caribbean Jazz Dance: Audio Glossary' and the second is 'Alignment: Audio Glossary'. A metadata table is located below the main image.

Home > Image > Traditional Jazz Dance Arm Position

Content Set: [Beginning Jazz Dance: Interactive Dance Series](#)

SUBJECTS

Content Type: Image

Sport / Activity: Jazz Dance

RELATED CONTENT

RELATED IMAGES

Bent Hand Posit... Bow Position

Butterfly Posit... Cat Position

Cobra Position

View More

RECENTLY VIEWED

AB: Audio Glossary Audio Glossary

Abstraction

Date:	2016
Identifier:	J20
Source Document:	Basic Jazz Dance Positions

1 These buttons allow you to increase or decrease, rotate, or make the image full-screen

2 Related images are shown here

3 The content set the image belongs to can be found here. Click the content set title to see all items relating to the title

Platform Highlights

- **Access to market leading** content including textbooks, supplementary monographs, and materials for practitioners
- **User-friendly platform** featuring an engaging, easy-to-navigate interface and sophisticated indexing and search tools, allowing for easy research and discoverability at the chapter level
- **A bespoke taxonomy** to allow the user to discover the most relevant content
- **Highly visual content** to create a rich and rewarding experience for instructors and students



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[HumanKineticsLibrary.com](https://www.human-kinetics.com)